Resources

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Teaching and learning resources

NSSA Publications



NSSA Award Scheme

Award Cards and Progress Charts (Dinghy & Windsurfing) Bronze, Silver and Gold Badges Group Leader Award Log Books

Booklets

Safety Afloat Why Sail? Group Leader Award

The following **RYA publications** are available at discounted prices to NSSA members:

Dinghy Sailing Handbook	G3
Dinghy Sailing Log Book	
Dinghy Coaching Log Book	
Young Sailors Logbook	G11
Advanced Dinghy Handbook	G12
Dinghy Instructors Handbook	
Safety Boat Handbook	
Powerboat Instructor Handbook	
Powerboat Logbook	G20
Junior Windsurfing Logbook	W1
Junior Windsurfing Helpers Guide	W2
Windsurfing Logbook	W3
Windsurfing Instructor Logbook	
Windsurfing Handbook	W5
Funboard Handbook	W6
RYA Young Opportunity Activity Books (Pack of 10)	
RYA Dinghy Sailing Certificates (Books of 10)	
RYA Racing & Advanced Sailing Certificates (10/sheet)	
RYA Windsurfing Certificates (Books of 25)	

Note: RYA certificates are only sent to recognised teaching establishments.

Details and current prices of NSSA publications can be obtained from: Martin Passmore, King's School, Bruton, Somerset, BA10 0ED tel/fax: 01749 813525

RYA Publications



A small selection from the RYA 1996 catalogue is listed below. See also RYA publications listed on the previous page which can be obtained from the NSSA by members at discounted prices.

Books

Around the red tape, law and administration for clubs and schools	G13
Beginner's Handbook	
Boating safety - inland waters	G28
RYA Dinghy Coaching Handbook	G14
RYA Safety Boat Handbook	G16
Weather forecasting	G5
Young Opportunity Activity Book 1	J11
Young Opportunity Activity Book 2	J12
Young Opportunity Activity Book 3	J13
Young Sailors Logbook	G11

NVQ Portfolio (Dinghy Sailing)

Directory

RYA Affiliated Organisations

See Sailing centre and club directories later in this section.

Videos

At one with the wind (beginners)
Capture the wind (follow on)

RYA Members Catalogue

This catalogue of books, RYA publications and videos gives full details and prices of all titles available. A copy can be obtained from: RYA House, Romsey Road, Eastleigh, Hants., S050 4YA, tel: 01703 627400

English Sports Council Publications



The English Sports Council titles with general relevance to sailing include:

Local education authority outdoor centres	
as a resource for sport and active recreation	.0249
Running a club	.0314
Starting a junior section	.0500

Previously available guides to composing Lottery Sports Fund applications are to be withdrawn and replaced. Lottery enquiries should be referred directly to the Lottery Sports Fund help line tel: 0345 649649.

For a copy of the current publications list and an order form contact: English Sports Council Publications, PO Box 255, Wetherby, LS23 7LZ, tel: 0990 210255 fax: 0990 210266.

For other information on the **English Sports Council** see contact details later in this section.

Coastguard Agency



The UK is surrounded by over 10500 miles of coastline. It's a marvellous educational and leisure resource but, to the unwary, a visit to the seaside could end in disaster. The Coastguard Agency is dedicated to reducing the number of incidents involving young people and wishes to work with teachers and outdoor activity staff to enhance seaside safety awareness amongst both primary and secondary age pupils. A resource pack containing a number of lively, imaginative and useful classroom materials has been produced for primary schools and a secondary version is in the pipeline.

999 Coastguard: The Seashore Safety Awareness Pack for Primary Schools

This pack which is aimed at Key Stage 1 and 2 contains an animated video, activity sheets, a poster, a booklet describing the history of the Coastguard and a teachers' guide booklet. It also includes details of UK Coastguard Rescue Centres, many of which offer educational visits and Coastguard - School links. Primary schools will receive a voucher to entitle them to their free copy of *999 Coastguard*.

For further information please contact: Public Relations, The Coastguard Agency, 1/17a Spring Place, 105 Commercial Road, Southampton, SO15 1EG, tel: 01703 329395.

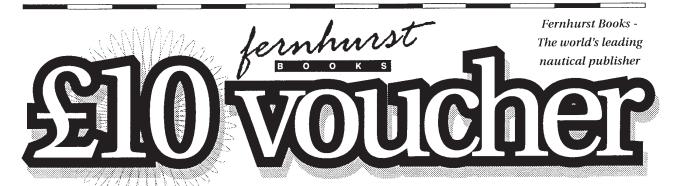
Fernhurst Books

Fernhurst Books publishes a wide variety of books under mainly nautical themes. Two publications of particular relevance to the theme of this handbook are:

Sailing for Kids by Gary & Steve Kibble.....ISBN 0 906754 77 1 Sailing: A Beginner's Manual by John Driscoll.....ISBN 0 906754 28 3

Fernhurst Books invites readers to take advantage of the voucher printed at the foot of this page. Alternatively, schools and sailing establishments may wish to enquire about the attractive trade terms which are available on both large and small orders.

For more information and a free catalogue, please contact: Annie Buckley, Promotions Manager, Fernhurst Books, Duke's Path, High Street, Arundel, West Sussex, BN18 9AJ tel: 01903 882277 fax: 01903 882715



- 1. Contact us now for a full list of titles
- 2. Choose £30 worth of books (or more!).
- 3. Deduct £10.
- Send the balance, cheque (made payable to Fernhurst Books) or full credit card details with your order to:-

Fernhurst Books, Duke's Path, High Street, Arundel, West Sussex BN18 9AJ.

Tel: 01903 882277 Fax: 01903 882715

Sailing across the curriculum Resources

Adlard Coles Nautical



Adlard Coles Nautical, an imprint of A & C Black Publishers Ltd., is a major specialist nautical publishing company. Themes covered include dinghy sailing, cruising, repairs, boatbuilding and yacht design, knots, racing and motorboating. The following titles will be of particular interest to teachers:

Sailing in the Know the Game series This is Sailing by Jim Saltonstall Young Sailor edited by Basil Mosenthal Instant Weather Forecasting by Alan Watts This is the Colour Book of Knots by Floris Hin	ISBN (ISBN (ISBN (7136 7136 7136	4369 2 3783 8 3752 8
The Devil and the Deep: A guide to Nautical Myths			
and Superstitions by Chris Hillier	ISBN (7136	4645 4
Sailing: a Beginner's Guide by David Seidman			
Looking After Your Dinghy by Terry Smith	ISBN (7136	3694 7
Salty Dog Talk: the Nautical Origins of Everyday Expressions			
by Bill Beavis and Richard G McCloskey	ISBN (7136	3716 1
The Sailing Dictionary by Jeremy Howard-Williams	ISBN (7136	3607 6
Painting and Drawing Boats by Moira Huntly	ISBN (7136	2746 8
Draw Seascapes	ISBN (7136	3296 8
Draw the Seashore			
Draw Boats and Harbours			
Seabirds of the World by Pete Harrison			

Sales enquiries:

A & C Black, PO Box 19, Huntingdon, Cambridgeshire, PE19 3SF, tel: 01480 212666.

Additional Publications

Sailing books

An A - Z of Sailing Terms, A Philips, OUP 1997	ISBN 0 19 280068 X
The Handbook of Sailing, Bob Bond, Pelham Books Ltd 1985.	ISBN 0 7207 1644 6
Learn to Sail in a Weekend, Dorling Kindersley	
in association with the RYA, 1991	ISBN 0751302813
Boat: Eyewitness Guide, Dorling Kindersley	
in association with the National Maritime Museum, 1992	ISBN 0 86318 793 5
Popular Sailing Dinghies, Charles Smith Publications, 1996	ISBN 1 870506 65 0

The Oppie Training Pack

Fairlands Valley Sailing Centre, Six Hills Way, Stevenage, Herts., SG2 0BL tel: 01438 353241

Multi Activity Primary Project Pack

Herts Young Mariners Base, Windmill Lane, Cheshunt, Herts. tel: 01992 628403

Sailing magazines

Yachts and Yachting Yachts and Yachting Ltd, 196 Eastern Esplanade, Southend on Sea, Essex, SS1 3AB

Motor Boat and Yachting, Practical Boat Owner, Yachting Monthly and Yachting World IPC Magazines Ltd, 23rd Floor, King's Reach Tower, Stamford Street, London,

Sailing posters

Wildgoose Publications

Seamen's Knots	2450/1430
International Naval Signal Flags	2450/2740
Sailing Boat	2450/3372
Sailing, Olympic Classes	2450/2360

For further information contact: Rachel Tidmarsh, Wildgoose Publications, The Reading Room, Dennis Street, Hugglescote, Leicestershire, LE67 2PF tel: 01530 835685

Sailing-related curriculum subjects

The Stationery Office (formerly HMSO)

The Stationery Office, Publications Centre, PO Box 276, London SW8 5DT tel: 0171 873 0011

Ladybird Books

Treasure Island	ISBN 1658 6
Big Ocean Creatures	ISBN 9636 9
Sea Animals	
Whales and Dolphins	ISBN 1743 4
Polar Animals	ISBN 1747 7
Sharks Sticker Book	ISBN 2601 8
Whales and Dolphins Sticker Book	ISBN 2603 4

Ladybird Posters

Sharks	ISBN 2562 3
Whales and Dolphins	ISBN 2564 X
Polar Animals	ISBN 2587 9

Cross-curricular themes

School Curriculum and Assessment Authority

Newcombe House, 45 Notting Hill Gate, London W11 3JB Publications order line, tel: 0181 561 4499

Teaching environmental matters through the National Curriculum........Gg 96 505 Skills for choice (Careers education and guidance).......KS4 96 562 Spiritual and Moral development: SCAA Discussion Paper No 3 (1995)COM 95 311

NCC Curriculum Guidance series (1990):

The Whole curriculum	14 6
Health Education	23 5
Environmental Education	25 1
Education for Citizenship	30 8

HMI Curriculum Matters series (1989):

Health education from 5 to 16, No 6 (1986) ISBN 0 11 270)592 8
Environmental education from 5 to 16, No 13 (1989) ISBN 0 11 270	0664 9
Personal and social education from 5 to 16, No 14 (1989) ISBN 0 11 270	0679 7
Consultation on values in education and the community	

National Standing Committee of Advisers, Inspectors and Consultants of Personal and Social Education

NSCOPSE, 59 Randall Road, Kenilworth, Warwickshire, CV8 1JX A Guide to PSE and OFSTED Inspections (NSCOPSE) 1996

Internet Resources

During the last year commercial and government sponsored support schemes have encouraged an increasing number of schools to connect to the Internet. The NSSA was one of the pioneering sailing organisations to set up a 'home page' or 'web site' offering information to users.

Finding sailing-related sites is made particularly easy by 'search engines ' which allow the user to type in key words and search in much the same way as looking through an encyclopaedia. An alternative is to access a known address and many professional and commercial organisations now quote an Internet address along with their telephone and fax numbers.

The selection of useful Internet addresses below is followed by a brief description of the BT Global Challenge - an example of a rich educational resource available at the time of publication. From this, teachers and pupils can extract text, maps and pictures and down-load them for use in their own assignments.

Adventure Education http://www.adventure-ed.co.uk

Adventure Education's web site provides a valuable, regularly updated resource

covering sailing and other outdoor activities.

Andy Wise's UK Sailing and Racing Page

http://www.ftech.net/~wise/sailing.htm

Hello sailor! - I spend a lot of my time sailing, and very little web surfing

"I'd rather be out on the water than..."

BMIF http://www.aboard.co.uk/bmif

The British Marine Industries Federation home page.

BT Global Challenge http://www.btchallenge.com

The BT Global Challenge - the world's toughest yacht race; a site offering up to

the minute news and a wealth of related information. See below.

Endeavour http://www.greenwichuk.com/endeavour/

The Web site covering the journey of the replica of Captain James Cooke's *Endeavour* which called at British ports in the summer of 1997 on its voyage from

Australia.

Fernhurst Books http://www.paw.com/sail/fernhurst/

Fernhurst Books web site.

Mark Rosenstein's Sailing Page

http://community.bellcore.com/mbr/sailing-page.html
An immense resource of all things connected with sailing.

Matthew Project http://www.cabot.ac.uk/Matthew/

The home page of the Matthew Project. Covers the voyage of the replica of the medieval caravel *Matthew* which sailed from Bristol in 1997, duplicating

John Cabot's voyage to Newfoundland in 1497.

NSSA http://ourworld.compuserve.com:80/homepages/nssa/

The NSSA home page.

Patrick O'Brien http://www.princeton.edu/joes/surprise.hmtl

A Web site devoted to Patrick O'Brien, naval adventures author whose work includes The Golden Ocean, Master and Commander and The Yellow Admiral.

RYA http://www.marine-net.co.uk/rya/homepage.html

The RYA home page.

The Mary Rose

Trust

http://www.compulink.co.uk/~mary-rose/

The Mary Rose Trust home page.

UK Sailing Academy

http://www.uk-sail.org.uk/

Welcome to the UK Sailing Academy.

UK Sailing Index

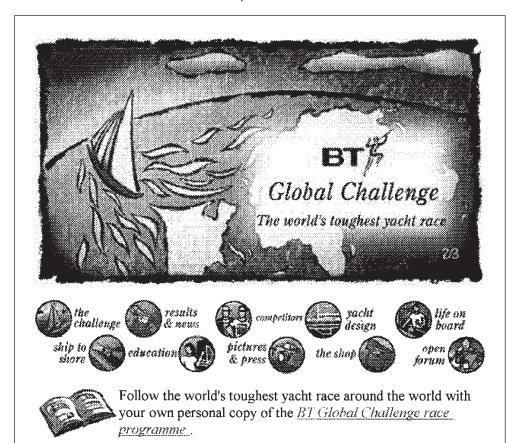
http://www.allena.demon.co.uk/ukindex/index.htm

Maritime History (8) Events (7) Weather (8) Personal Pages (10) Local Organisations and Marinas (11) Class Associations (6)...

The BT Global Challenge - the world's toughest yacht race

The BT Global Challenge web page is selected here as an example of a rich resource bank which is current at the time of publication. Although the race ran from September 1996 to July 1997, in common with many topical Internet resources, the information will be available for some time after the completion of the race.

A screen dump of the BT Global Challenge title page on the Internet.



Each of these ten icons leads to its own chapter of this 'encyclopaedia' of information.

The following information which has been downloaded from the Internet is a minute sample of what is available from this site.

The BT Global Challenge site at http://www.btchallenge.com offers a range of education resource materials - what to get and where to get it!

- National Curriculum Key Stages 1, 2, 3 and 4
- Vocational activities Post 16
- GNVQ/GSVQ
- The BT Global Challenge web site the main public web site for the Challenge event

The BT Global Challenge offers a wide range of stimuli and starting points - an ideal opportunity for a virtual experience - sail the world from your classroom!

1997 will be the twenty-fifth anniversary of Chay Blyth's record breaking solo circum-navigation of the world via the East-West route in his ketch British Steel.

On 29th September 1996 over 132 volunteer crew members will leave Southampton aboard 14 identical steel built yachts, each sponsored by an international company, to sail on the world's toughest yacht race. They will sail around the world 'the wrong way', against prevailing winds and currents. They will compete against the elements, coping with discomfort, extremes of weather conditions and against each other, in their bid to win the Princess Royal Trophy.

On their return, the crews will have developed into effective teams, worked efficiently to repair the inevitable gear breakages such a voyage will incur and will have developed high levels of determination, skill and stamina. They will have experienced something very special which they are unlikely to repeat. Their experiences and the journey they undertake can be used by teachers as a vehicle and context for curriculum delivery.

BT Global Challenge teaching resources are provided as a stimulus for the delivery of existing curriculum plans for the curriculum 5 -17. They are not intended to be prescriptive nor exhaustive. They aim to encourage the use of the Challenge as a focus and a catalyst, to stimulate and enthuse pupils in areas of the curriculum already being taught. For some teachers this will not be a new approach, having already used the British Steel Challenge race in 1992/93 as a teaching and learning context.

The activities and ideas provided are not all new but should provide teachers with ideas they can develop to match the needs of individual pupils and subject areas. They will also trigger further development in breadth and depth of existing curriculum content and could encourage schools and clusters to give consideration to progression issues.

As a basis for personal social development, looking at developing the whole person, values, cultures, role models, the venture provides cross-curricular activities with a Challenge dimension, highlighting the importance of teamwork, delegation, perseverance and achievement.

For further information about education and the BT Global Challenge contact:

Sailing centre and club directories



Outdoor Source Book

This comprehensive resource provides contact details and other information about a wide range of centres, some specialising in sailing courses and related activities.

Adventure Education, 12 St Andrews Churchyard, Penrith, Cumbria, CA11 7YE tel: 01768 891065 fax: 01768 891914 web site: http://www.adventure-ed.co.uk



RYA Affiliated Organisations

This regularly updated directory gives information and contact details on Sailing Centres, School Sailing Associations, Class Associations, Sailing Clubs etc.

Note: The directory can be purchased for reference use only, information may not be copied or stored.



RYA Dinghy and Keelboat Courses 1998

୍∥ RYA Sea Schools 1998

These brochures provide contact details and information about courses run at RYA approved centres.

The RYA directories can be obtained from: RYA House, Romsey Road, Eastleigh, Hants., S050 4YA, tel: 01703 627400

Centres and clubs featured in this publication

Mayesbrook Lake Outdoor Education Centre

Westbury Centre, Ripple Road, Barking, Essex IG11 7PT tel: 0181 593 3539

Hackney Education Watersports Centre

Banbury Reservoir, North Circular Road, London E4 8QB tel: 0181 531 8107

Fairlands Valley Sailing Centre

Fairlands Valley Park, Six Hills Way, Stevenage, Hertfordshire, SG2 0BL tel: 01438 353421

Hertfordshire Young Mariners Base

Windmill Lane, Cheshunt, Hertfordshire, EN8 9AJ tel: 01992 628403

Medina Valley Centre for Outdoor Education

Dodnor Lane, Newport, Isle of Wight, PO30 5BR tel: 01983 522195

Tynemouth Sailing Club

Prior's Haven, Tynemouth, North Shields, Tyne & Wear tel: 01912 529157

Hertfordshire Sailing Camp

Staithe Road, Barton Turf, Norwich, Norfolk, NR12 6AZ tel: 01692 536411 (Herts LEA Schools)

Useful organisations and contacts



NSSA

The National School Sailing Association promotes sailing and water based activities for young people as part of their education. It was formed in 1961 by a small group of teachers interested in promoting sailing in schools. Membership developed rapidly to include other educational establishments, Local Education Authorities, and many County Sailing Associations. A Registered Charity, it is recognised by the Department of Education, Sports Council and the RYA. The NSSA is run by committed teachers and educationalists who voluntarily put in a great deal of time and effort to help other teachers and youngsters get the most out of their chosen sport.

There are many School Sailing bases throughout the country, staffed by well-qualified instructors who can both teach youngsters and train teachers and interested adults to teach sailing. The NSSA can advise you on the location of your nearest base or can help you in establishing sailing at your local school. The NSSA Award Scheme provides a method of recording achievement of basic skills and a progressive programme for youngsters learning to sail. For those youngsters who are aiming high, individuals are selected from our Championship and Regatta to represent England and are entitled to receive RYA National Team Gold Badges.

Every November, the NSSA organises a residential Course Conference over a weekend for members to meet, exchange ideas and learn about the current trends in education which affect the sport. The Annual General Meeting is another opportunity to exchange information. Our Newsletter, *School Sailing Matters*, is published four times a year and sent to all members, keeping them up to date with happenings in Youth Sailing and teaching sailing.

These are just some of the useful services and facilities available to members. If you work at a school where sailing is part of the curriculum or extra curricular, if you take youngsters sailing in your spare time, if you would like to teach sailing, if you think that teaching youngsters to sail gives them a useful lifetime skill, then...

JOIN THE NSSA!

Annual membership fees

Individual member - youth (under 19)	£12
Individual member - adult	
Local/county association	£10
Member of local/county association affiliated to NSSA	£10
Individual establishment/youth group/sailing club	£15
OEC or Watersports Centre	£40
Commercial/business organisations	£100

NSSA Insurance is covered within the membership fee.

For further details contact Tony March, NSSA Secretary, 17 Ickwell Road, Northill, Biggleswade, Bedfordshire, SG18 9AB, fax/tel: 01767 627370.



Royal Yachting Association

The Royal Yachting Association is the national governing body for pleasure boating in the United Kingdom. Covering a whole range of recreational boating areas from dinghy racing to offshore yachting, from motor cruising to powerboat racing and of course windsurfing, the RYA represents an ever growing constituency. The Association itself has a personal membership of over 80,000 members and the recreational boating population is estimated at between 2.5 - 3 million people. Over 140,000 people take part in the RYA training courses across the whole range of the boating spectrum each year and the RYA courses are held in high regard throughout the world as a training standard.

As well as working to protect the interests of boating people, the RYA is also very pro-active in the encouragement of new people onto the water. Whether it be in a fast racing boat, a cruising boat or out on your windsurfer, the RYA has training and coaching schemes to suit all abilities and needs. Association work is carried out by a range of divisions including:

- Training
- Sail Cruising
- Motor Cruising
- Racing
- Windsurfing
- Membership
- Sailability

Further information about Association activities and membership can be obtained from: RYA House, Romsey Road, Eastleigh, Hants., S050 4YA, tel: 01703 627400 http://www.marine-net.co.uk/rya/homepage.html



Sailability

RYA Sailability's mission is to promote and co-ordinate active participation in sailing by people with disabilities. An important facet of the organisation's work is creating opportunities for integration of people with disabilities into the sailing community, which has considerable benefits for disabled and able-bodied sailors alike.

Please see fuller details in the **Special** section.



Youth Afloat

Youth Afloat is a registered charity, part of the Johnnie Johnson Adventure Trust. The organisation was formed in 1972 to teach water sports to disadvantaged children in the Midlands. Learning to sail or canoe sessions can be for fun or to RYA/British Canoe Union standards. Two Centres cater for young people aged 8 to 18, in individual or group sessions lasting 2 hours. Regular visitors include Scouts, Girl Guides, Youth Clubs, Air, Army and Navy Cadets and groups from schools use the Centres during term time. All are welcome, with priority being given to those with a disability or special need.

For further information please contact:

Bob Williams, Training Manager, Sandwell Valley Sailing Centre, Forge Lane, West Bromwich, B71 3SZ, Tel: 0121 567 5756, or

Steve Ward, Head of Centre, Youth Afloat, Fordbridge Road, Birmingham, B37 6LX, tel: 0121 788 8943

Other national organisations and contacts

Boatline......01784 472222

British Marine Industries Federation information line.

British Dragon Boat Racing Association......01295 770629

For information contact: The Secretary, David Cogswill, 13 The Prebend, Northend, Leamington Spa, Warwickshire, CV33 0TR.

Duke of Edinburgh Award......01753 810753

Information on awards and details of local contacts: Duke of Edinburgh Award Headquarters, Gulliver House, Madeira Walk, Windsor, Bucks., SL4 1EU.

English Sports Council0171 273 1689

The English Sports Council aims to lead the development of sports in England by influencing and serving the public, private and commercial sectors. Contact: Bridget Fox, Information Manager, English Sports Council, 16 Upper Woburn Place, London WC1H 0QP.

Foundation for Sports and the Arts01512 595505

The Foundation for Sports and the Arts distributes money subscribed from the football pools. For information contact: Grattan Endicott, Secretary to the Trustees, Foundation for Sports and the Arts, P0 Box 20, Liverpool, L13 1HB.

The National Coaching Foundation offers coaching courses at centres around the UK, runs an information service and publishes a regular newsletter *Super Coach*. See **Why sail?** section.

Sportsmatch......0171 233 7747

Sportsmatch is a Government initiative, a business sponsorship incentive scheme for sport. Applications can be made for funds to match business sponsorship (minimum £1000). Details can be obtained from The Institute of Sports Sponsorship, Sportsmatch Scheme Manager, Warwick House, 4th Floor, 25 - 27 Buckingham Palace Road, London SW1W 0PP.

Youth Sports Trust......01509 228293

See **Why sail?** section. Contact: Rutland Building, Loughborough University of Technology, Loughborough, Leicestershire, LE11 3TU.

Sailing museums



A small selection of nautical and sailing-related museums with a brief description of themes, facilities and contact details. For information about local museums, your nearest Tourist Information Office or the information desk at the following organisations may be able to help:

English Heritage English Tourist Board/British Tourist Authority Maritime Information Association Maritime Trust National Trust	0181 846 9000 0171 261 9535 0181 858 2698
Captain Cook Birthplace and Museum	01642 311211
Captain Cook Museum	01947 601900
Castlegate Quay Shipping Museum	01642 676 844
Golden Hinde Educational Museum St Mary Overie Dock, London. Exact scale, fully operational reconstruction of Sir Francis Drake's square rigged ship which sailed around the world in 1577-80. Spend the night on board in Elizabethan costume - interactive trip back in time!	0171 403 0123
Hartlepool Historic Quay Hartlepool. A multi-million pound reconstruction of a North Eastern seaport of the 1800s.	01429 600077
HMS Trincomalee	01429 223193
Mary Rose Trust Portsmouth. Museum Outreach Packs on trial in ten LEAs. Details and promotional literature from Maggie Richards.	01705 750521
Matthew Project Visitor Centre	0117 927 7997
National Maritime Museum	0181 858 4422
Portland Bill Lighthouse Easton, Portland, Dorset. Visitor Centre caters for school parties. Guided tours by resident attendant.	01305 820495

Portsmouth Historic Dockyard	01705 861512
Trinity House National Lighthouse Centre	01736 360077
Waveney Museums, Suffolk:	
Southwold Sailor's Reading Room, Cliff End off East Street. Lifeboat Museum, Southwold	